

## universal contour wrap

The UK's No 1. body wrap with guaranteed minimum at least 6" loss staying off for at least 30 days or your money back – **scientifically proven treatment** – fantastic results, smoother skin, detoxifying and reduces cellulite. No wonder this treatment is so popular it works! £69 or 3 for £190

### SHRINKING VIOLET INCH LOSS TREATMENT

A revolutionary new inch loss wrap which works on lipolysis which removes fat – brilliant quick fix with great results particularly if you want to get into that little black dress. £59

**CONTOUR WRAP ELITE** – the only salon in Scotland offering this amazing ELITE treatment – a luxurious version of the contour wrap with micro current pads which accelerate the inch loss while you relax in a warm cocoon body wrap. £89

## aromatherapy associates collection

Using these luxurious products the treatment journey includes a full body exfoliation, followed by a wrap, and to finish off the experience, a massage. £58

### Choose from:

Destressing Soother • Citrus Detox Reviver • Lavender & Peppermint Cooler  
Rose Hydrating Cocoon (also suitable for mums-to-be and new mums)

## caci non surgical body lifting treatments

### CACI BODY TREATMENTS

Using the most advanced Face and Body lifting technology available, the Caci Quantum body treatments are available for:

Inch Loss - Guaranteed inch loss treatment

Cellulite Reduction • Bust Enhancing • Body Toning & Sculpting

Lymphatic Drainage £30 per treatment or 10 for £250

## hand & feet nail treatments

From Jessica/OPI

Luxury Spa Manicure	£35	File & French Polish	£14
Spa Manicure	£30	Polish only	£8
Mini Manicure	£17.50	Spa Pedicure	£35
File & Polish	£12.50	Luxury Spa Pedicure (heat treatment)	£40

### MINX TOE OVERLAYS

**Have you been Minxed yet?** the latest trend from America that all celebrities are wearing – choose from Metallic Silver, Solid Gold, Pink Leopard, Seductive Fishnet and lots lots more – these exciting glamorous nail overlays last for weeks without chipping or damaging your natural nail – make a fashion statement for only £25

**JESSICA GELERATION/SHELLAC** – the semi-permanent manicure that lasts for weeks – chip resistant – natural product does not damage your nails, helps nails grow and strengthen.

Fantastic colour choice	£32	Gel Extensions	£48
French	£35	Infills	£20 (if nails done by ourselves)

### ACRYLIC Nail Enhancements

£38

## bella luce luxury pedicures

**BELLA LUCCE** a company with a philosophy to source and use the best 100% natural ingredients available and give back to the communities from where they source their ingredients. We are so excited and delighted to be able to offer this unique luxury ethical brand to our spa customers.

### MANDI LULAR PETAL BATH

Prior to your chosen luxury pedicure we will soak your feet in our foot spas sprinkled with fresh flowers - stunning marmalade roses, majestic purple peonies and dainty calendula petals as we release muscle tension and coconut milk feeds the skin before you start your indulgent pedicure journey. Your feet will never be the same again.

### PERUVIAN CHOCOLATE BLISS PEDICURE

Sheer indulgence is an understatement with our exclusive Bella Luce Peruvian Chocolate Bliss Pedicure. We really have set the bar quite a bit higher with our Bella Luce chocolate collection – it doesn't just smell like chocolate – it is chocolate – real chocolate! Bella Luce Peruvian Chocolate sugar scrub is the original 100% natural body scrub created with fair trade organic cocoa from Dagabo chocolate – to exfoliate your feet and legs – a creamy concoction of decadent chocolate goodness this chocolate sugar scrub blasts away dead cells which dull the skin's surface as it soothes, hydrates and nourishes with natural vitamins, rich cocoa butter and potent antioxidants – you've just discovered chocolate nirvana with the 100% delicious calorie free indulgence! £50

### STRAWBERRIES & CREAM INDULGENT PEDICURE

Succulent strawberries plucked from the garden when perfectly ripe, blended with red raspberry oil and pure cane sugar in a delicious sugar scrub that fortifies the skin with fruit acids and essential vitamins to exfoliate legs and feet – berry infused creamy sugar scrub that smells so good we have to warn you not to eat it – and a masque made with luscious strawberries blended with argile rose clay and powdered buttermilk to create an amazing treatment that softens and renews tired skin as it boosts brightness - perfect for sensitive skin. £50

## permanent hair reduction

Using IPL (Intense Pulse Light)- more advanced, less painful and faster results than laser and currently the most advanced and proven method of permanent hair reduction on the market this virtually painless system eliminates the need for electrolysis and waxing. Suitable for both men and women with remarkable results. We have been carrying out this form of hair removal now for over 7 years and as one of the first clinics in Scotland to provide this type of hair reduction, we are considered to be experts in this field. we have an extensive client bank of very satisfied customers. If you would like to be hair free, then why not book in for a consultation with one of our experts.

## waxing and threading treatments

### Specialist Advanced Waxing Treatments - for Ladies and Gents

For these treatments we use special Peelable wax which is far kinder to the skin, less painful, less reaction and is specifically made for this type of waxing. Brazilian and Hollywood waxing experts.

Brazilian Wax – "Landing Strip"	£27.50	Eyebrow	£8.50
Hollywood Wax – "Beautifully Bare"	£27.50	Underarm	£8.50
Bikini Wax	£9.50	Lip or chin	£6
Bikini Wax (high or extended)	£12.50	<b>Threading</b>	
Extended using hot wax	£15.50	Eyebrow	£9.50
½ leg wax	£15.50	Lip	£7.50
¾ leg	£18.50	Face	from £10
Full leg	£21.50	Back or chest wax	from £18.50
		Gents full body waxing	from £45

**VDAZZLE** – never mind the only way is Essex – the only way is Savannah with your VDAZZLE bikini adornments – put a little sparkle into your life – from £10

## eye treatments

### EYELASH EXTENSIONS

The latest semi permanent individual lash extensions	only £69.95
Top-ups	£1.50 per lash
Party lash extensions	£1.25 per lash
Eyebrow shape/wax	£8.50
Eyebrow threading	£9.50
Eyebrow Tint	£8.00
Eyelash Tint	£14.00
Eyelash and eyebrow tint & shape/wax	£20.50
Eyebrow & Eyelash Tint	£18.50
Eyebrow wax/lash Tint	£18.50

## body bronzing

Xen Tan, Fake Bake or St Tropez – hands-on application

With exfoliation	Top to Toe	£38	Half Body	£25
Without exfoliation	Top to Toe	£28	Half Body	£18
Xen Tan Spray Tan (choice of shades)				£20

Savannah City Day Spa offers a haven for pampering, relaxation and total chill out experiences as well as essential treatments in warm welcoming friendly surroundings.

### Spa Pampering Day Experiences our speciality – from only £99

If you would like to escape for the day and indulge yourself then join us for a Pampering Day Experience where you will be totally spoilt in luxurious relaxing surroundings. You will have full use of the fabulous leisure club facilities including hi tech GYM, SAUNA, JACUZZI, STEAM ROOM, & POOL, your choice from a selection of treatments and a CHAMPAGNE LUNCH – SHEER INDULGENCE and PURE BLISS – the perfect gift.

### me time . . . loyalty reward card

At Savannah our aim is to exceed your expectations in every aspect of our quality and service.

As a way of saying "thank you" for your support we would like to give you the opportunity to enjoy some "me time" on us. Every time you spend £10 or more on products or treatments we will credit your reward card with a reward point towards a complimentary "me time" treatment of your choice at Savannah Beauty Centre & City Spa. Ask at reception for your "me time" card today and start collecting reward points now.

### Luxury Spa Days – choose from:

Champagne & Cupcakes, Cream Tea or Luxury Afternoon Tea Spa Days. **from £49**  
We offer a wide selection of luxury spa days including use of pool, jacuzzi, sauna and steam room - the perfect gift - vouchers available.

Cleanse, facial massage & make up **£30** • Make up **£25**

Using Jane Iredale finest PURE organic skincare waterproof mineral based make up.

Wedding Packages • Gift Vouchers

To secure your appointment a booking fee will be requested. 24 hrs notice of cancellation will incur a 50% charge less than 24 hrs notice will incur full payment.

Menzies Hotel & Spa • 27 Washington St • Glasgow • 0141 270 2317 • [www.savannahbeautycentre.com](http://www.savannahbeautycentre.com)

Opening hours: Monday to Friday 10am – 8pm • Saturday 9am – 6pm • Sunday 10am – 6pm

Also at 482 Crow Rd • Jordanhill • Glasgow • 0141 334 0077



relax . . .

. . .let us take care of you



Savannah  
CITY DAY SPA

# facial treatments for men and women

Germaine De Capuccini uses advanced biotechnology to refine and combine sophisticated plant extracts and vitamin-based ingredients. The unique combination of Ampules and Active Concentrates ensure the treatments penetrate the skin precisely where they will have maximum effect. All treatments include time for a consultation.

## SAVANNAH SIGNATURE FACIALS

### DEEP CLEANSING & REVITALISING

Recover your skin's natural healthy glow with this excellent therapy. Using a powerful revitalising plant based mask, your skin will look clearer, fresher and healthier. For real problem or acne skin we can apply an additional deepening mask for optimum results. £45

### OH SO DELICATE

Perfect for the most delicate of skins, Hypo-allergenic and specifically for skin which reacts easily, this treatment will calm and soothe and is truly an excellent choice for sensitive skin. £45

### OXYGENATING & DE STRESSING

A fabulous therapy for the skin using the renowned "Royal Jelly" ingredient. Royal Jelly has a complete oxygenating effect on the skin and will leave it looking rested, clear and radiant. £45

### SAVANNAH SIGNATURE FACIAL

Relaxing back neck & shoulder massage carried out on our hydrotherm warm water beds followed by a rejuvenating express facial – pure indulgence. £48

### MUM TO BE SIGNATURE FACIAL

This fantastic signature treatment specifically designed for mums-to-be is carried out our hydrotherm warm water filled mattresses allowing the client to lie comfortably whilst they enjoy a relaxing back neck and shoulder massage, a leg massage and a mini facial – a real treat. £48

### HYDRACURE – for thirsty skin

A highly advanced therapy using the very latest technology to provide total hydration to skin which is dehydrated. Using ingredients including hyaluronic acid to restore hydration and thermal aqua from a volcanic spring rich in nutrients, this treatment will provide immediate and lasting hydration leaving your skin smooth and radiant. £55

### STATEGIST COSMETIC DERMABRASION

Microdermabrasion refining system – dermo aesthetic treatment inspired by dermabrasion – visibly transforms the appearance of the complexion quickly and effectively. Marks, dark spots, lines and wrinkles are dramatically reduced. Reinvents new skin – no aggression, minimises skin irregularities and enlarged pores. £55

### REJUVENATING – EXPRESS FACIAL

Pushed for time then this 30 minute express facial including exfoliation, masque and massage is an introduction to skin perfection – this blissfully relaxing treatment will introduce you to the pleasures of the professional range of Germaine De Capuccini products. £30

# specialist advanced anti-ageing facials

At Savannah we believe we offer the most extensive range of premium quality anti ageing facials available on the market – our products are results driven and are some of the most advanced in the world guaranteed to produce results. Our fully trained aestheticians will be more than happy to discuss your skin care and make tailor made recommendations for you.

### AGERA SKIN PEELS

The most advanced skincare in the world! A revolutionary medical strength skin peel without any downtime and producing fantastic results particularly suitable for anti-ageing and acne prone skin. £48

### DIAMOND PEEL MICRODERMABRASION

Using the latest Diamond Peel dermabrasion this system promotes cellular renewal and stimulation of collagen and elastin fibres. Reduces fine lines and wrinkles, improves ageing skin, pigmentation, open pores, acne scarring and dull congested skin and even helps with stretch marks. Standalone treatment only £48 or buy a course of 5 and get 1 free or £30 if used in conjunction with a selection of facials or peels.

### TIME EXPERT LIFT – FACIAL THERAPY

This highly successful treatment works on skin which has lost its volume and tone using specialist face and neck masks. Particular care is given to the neck – which is one of the first areas to show signs of ageing. An immediate difference will be seen and felt, and a course is highly recommended for maximum and lasting results. £65

### TIME EXPERT RIDES – Exceptional Anti-Wrinkle Therapy

Patented technology makes this remarkable luxurious facial a must for people who want to see amazing lifting and firming results. This extraordinary treatment works effectively against wrinkles from within filling in and inhibiting the formation of new expression lines. Utilising a highly specialised lifting facial massage this treatment is not only highly relaxing but the active ingredients within the treatment result in a much younger looking skin – this advanced anti ageing facial will definitely take years off you! £68

### TIME EXPERT C+

Using the rejuvenating power of Vitamin C, Timexpert C+ has been created to combat skin ageing by intensely repairing the skin's luminosity, vitality and uniformity. A great facial following sun exposure or where the skin is tired and shows signs of stress. £68

### TIME EXPERT LUXURY WHITE – Anti Pigmentation & Dark Spots

Offers a complete and powerful anti-ageing treatment providing immediate visible and spectacular results. Using a powerful glycolic facial peel, together with micro-dermabrasion this treatment provides instant radiance to the skin reducing areas of pigmentation and giving the skin a more even tone. It is also especially good before special occasions as the skin looks incredibly radiant following the treatment £75

### 02 PURE OXYGEN

A wonderful anti-aging treatment suitable for all skin types. This highly recommended treatment uses a complex of highly active proteins to rejuvenate inter-cellular activity to increase firmness and elasticity and to alleviate the signs of aging by allowing the skin to absorb more oxygen resulting in the skin looking and feeling younger, firmer, toned and radiant. £68

### EXCLUSIVE KOBIDO LIFTING FACIAL MASSAGE – 30 mins

Kobido originates from Japan – where once this exclusive massage was reserved for royalty!

Only exclusive Germaine De Cappucini Gold Salons & Exclusive spas are able to offer this highly specialised lifting facial massage which can be performed ideally alongside any of our anti-ageing facial therapies or as a stand alone exclusive treatment. The movements performed with this highly advanced facial massage are quite exquisite but show an extraordinary and amazing lifting effect. £45 stand alone or £25 as an add on to a facial.

# caci non surgical face lift treatments

### CACI NON SURGICAL FACE LIFT

Recognised as the BEST MOST EFFECTIVE Non Surgical Face Lift on the market. Using the latest and most up to date technology CACI will gently tighten, lift and tone the muscles of the face smoothing the appearance of fine lines and wrinkles and enhance the general appearance giving a far more youthful look. The results from this treatment are excellent and can be seen even after one session though a course of 10 is recommended for maximum benefit. £42 per treatment or course of 10 for £385

**SUPER CACI** – an additional 15 minutes spent on areas of concern £48

### CACI ULTIMATE EXPERIENCE

The ultimate in CACI treatment – find out why we have named it CACI ULTIMATE EXPERIENCE – this results focussed treatment consists of a Diamond Peel Microdermabrasion followed by a CACI facial rejuvenation with Hydratone Collagen Mask – RESULTS we want you to experience! £65

### CACI HYDRATONE

This new treatment from CACI produces excellent results in only 10 minutes – lifting and hydrating gives your skin a fantastic boost – standalone treatment £25 or in conjunction with CACI or other facials only £20

# botox, collagen and restylane clinic

Having offered these treatments through a Doctor at our clinic for over 6 years we have established such a demand for them that we hold at least one clinic per week. prior to treatment our expert Doctor (a facial surgeon) will carry out a full consultation and personally administer these treatments for you.

# eye treatments

### TIME EXPERT - EYE TREATMENT

The latest product technology - an exclusive eye treatment which produces amazing lifting and firming results. This comprehensive treatment mimics botox, but without injections, it also prolongs the effects of botox if you have it done. £28

### CACI EYE TREATMENT

A 30 minute CACI concentrating purely on the eye area. Extremely beneficial if you have been stressed or under pressure and your eyes are looking tired – this treatment will gently lift and tone the muscles surrounding the eye area resulting in a younger less strained appearance. £22.50

# gents specialist facials

### TIME FOR MEN WITH CHI ZEN BACK MASSAGE

Based on a cocktail of Citrus, Sake, Olive Leaf, Eashave, Trade Elements and Birch Sap, a range of ingredients which have been designed to specifically cater for men's skin, which is often irritated by the daily ritual of shaving. An excellent treatment which is highly relaxing but most effective with immediate results. This facial therapy is combined with a highly relaxing 30 minute 'Chi Zen' Back massage – the perfect way to unwind. 1 ½ hrs £60

### C+ENERGY FOR MEN

The most advanced re-energising and detoxifying professional GENTS facial treatment against the effects of skin fatigue. Restores the energy and vitality fatigued skin needs, eliminates toxins and strengthens defenses against pollution, stress and the action of free radicals, provides firmness elasticity and luminosity, and rehydrates and reduces the appearance of fine lines and wrinkles - resulting in a more youthful appearance. £45

# alternative therapies & massage treatments

### SHI ZEN RELAX BACK MASSAGE

A classical ancient oriental technique that provides relaxation and achieves well being through the harmony between the mind and spirit. £30

### THALASSOMASSAGE

An original massage with a delicious warm mousse based on marine silt from French Brittany. A true curative therapy rich in minerals and trace elements. Ideal to restore the essential elements that are reduced by today's pace of life. Back neck & Shoulder £36 full body £58

### DEEP HEAT SPINE & NECK D-STRESS

Using brown algae, natural clay rich in trace elements, mineral salts and herbal scents which will deeply relax your spine and neck whilst warm bubbles delightfully massage this easily-stressed area. This treatment adds a new dimension to a back neck & shoulder massage and is loved by both male and female clients. £35

### HYDROTHERM MASSAGE

Ayurvedic Massage for Mind, Body & Spirit - this deep profoundly relaxing and highly beneficial massage technique is carried out on a bed of hot water filled cushions - taking massage into new dimensions. Hydrotherm massage will relieve stress, ease joint and muscle stiffness and is suitable for everyone - Hydrotherm the ultimate out of body experience - Trying is believing! Back, neck & shoulders - £30 Full Body - £50

### LA HOT STONE THERAPY MASSAGE

This deep tissue highly relaxing healing massage detoxifies the body, boosts the immune system and unblocks stagnant energy resulting in a feeling of deep relaxation and well-being the treatment is carried out using warm basalt marble stones - easing away deep tissue tension - a fantastic treatment. Back, neck & shoulders - £35 Full body - £55

### AROMATHERAPY

Aromatherapy is the use of pure essential oils, the properties of which assist the body's natural healing processes. The oils are distilled from herbs, flowers, roots, woods and resins each one having individual therapeutic properties.

Back, neck & shoulder - £32 Luxurious full body massage including face & scalp - £48

### SWEDISH MASSAGE - A firm massage, excellent for relieving aches & pains.

Back, neck & shoulder - £28 Full body - £45

### INDIAN HEAD MASSAGE

An excellent tension releasing massage for the head, neck & shoulders. £35

### HOPHI EAR CANDLES

A holistic natural treatment ideal for clients who suffer from headaches, blocked sinuses and ears - relieves pressure with very beneficial results £35

### REIKI - the meeting of positive energies – calm the body mind and soul

with this relaxing holistic treatment. £35

### REFLEXOLOGY

Works on the pressure points of the feet which relate to all parts of the body – excellent treatment to improve your wellbeing. £35

# spa marine & mediterranean luxury body treatments

- Reconciles the body with the soul
- Cultivates well being
- Provides holistic treatments
- Immediate results on the skin

Spa Marine & Mediterranean treatments provides a haven where the body and spirit will be nurtured, resulting in a state of total relaxation, emotional balance & beauty. The products have been designed to create a unique concept of 'sensual cosmetics' which not only combine effective skin care but also promotes well being in the most natural way. All treatments include innovative massage techniques and complimentary therapies such as Thalassotherapy, Algae Therapy, Hydrotherapy, Reflexology, Chromotherapy, Aromatherapy, Shiatsu & Ayurveda.

### MEDITERRANEAN IN HARMONY

A luxurious body massage treatment which commences with an application of Harmony Sublime Personalised Energy Stones. These UNIQUE war hand made "stones" are applied to the Chakra Energy Points to induce relaxation and create a sense of harmony. During this time the Mediterranean Light Candle is burned emitting a wonderful fragrance of soothing Lavendar and Mandarin. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension, relax the mind and totally WOW you. Believe us – this treatment is DIFFERENT and is ABSOLUTELY AMAZING! 75 mins £85

### MEDITERRANEAN DUSK

A thoroughly pampering body ritual which commences with a deep exfoliation using Essence of the Mediterranean Scrub. Harmony Sublime hand made energy stones are then applied to the Chakra energy points. The relaxation then continues with the prolonged soothing Mediterranean Candlelight Massage where the warm candle wax emitting a wonderful fragrance of soothing Lavender and Mandarin is poured over your body reconciling the body with the soul leaving you in a state of total relaxation – definitely has the wow factor! 90 mins of sheer indulgence £89

### TREATS FROM NATURE

A deeply exfoliating full body polish using Essence of the Mediterranean Scrub with Olive stone and Grape Seeds. The treatment is followed by a relaxing body wrap to nourish and hydrate with extracts of Aloe Vera, Lemon Essential Oil and Aromatic Mint water. Once enveloped in the wrap your therapist will apply the warm hand made Harmony Sublime Stones to sooth and relax. 75 mins £75

### SPA MARINE PEARL THERAPY

Our Spa Marine Pearl therapy has been inspired and formulated by advanced technology. Spa Marine Pearl full body therapy is a sophisticated, luxurious body treatment that radiates sensuality, hydrates, smoothes and covers the skin with beautiful pearly reflections created by thousands of translucent tiny pearls that slip across the skin illuminating and renewing it. A sensory revolution, this therapy will help with elasticity, hydration and firmness of skin. Includes our volcanic stone pindas massage. For sheer luxury and total wellbeing this is a must. approx 2 hrs £90

### SPA ANTI-STRESS RELAXING & DETOXIFYING TREATMENT

Feel completely revitalised and serene with the ultimate in deep relaxation treatments. Spa Marine Anti Stress Treatment will balance any emotional or physical tension and help to eliminate negative energy, restoring harmony to the body, spirit and mind. Specific massage techniques are used working with the energy found with the body's own chakras and meridians. During your journey to total peace and calm, you will experience along the way a release of negative forces within specific pressure points, incorporating elements of Shiatsu and reflexology. SENSATIONAL! approx 2 hrs £85

### SPA REMINERALISING TREATMENT

Get washed away with all the power of the ocean and achieve total well-being with Spa Marine Remineralising treatment. The skin will feel wonderfully revitalised and full of energy which may have been lost through every day stress and the constant bombardment of pollutants. You will be wrapped in generous amounts of warm creamy Spa Marine Mud which is followed by a holistic massage designed to calm and soothe the mind. If this wasn't enough, to finish you will be covered in a thermal blanket and allowed to relax and let the world go by as you enjoy the full sensations of this fabulous treatment. approx 2 hrs £89

### THE LIGHTER LEGS EXPERIENCE

You will be walking on little white fluffy clouds after this treatment which has been designed to improve circulation and reduce fluid retention in tired and heavy legs, just lie back, relax and enjoy the sensations as your therapist applies both warm and cool products during a massage with 'Active Oil' for total lightness, and a Marine Wrap which has been exclusively designed to re-awaken and bring back the buoyancy to tired legs. A course of treatments is advised so as to ensure long lasting effects, especially during pregnancy. 1hr £55

### SPA TOTAL HYDRATION TREATMENT

Restore lost suppleness and comfort in your skin and feel completely bursting with moisture with this Spa Hydrating Treatment. A remarkable sensation which is great for preparing the skin for sun exposure and for re-hydrating it afterwards. This treatment combines total body Spa Exfoliation and a tranquil massage with 'Aqua' essential oil. Your skin will look smoother than ever before and feel soft as a peach to touch. Simply delicious. Back £30 Full body - 1hr £58

### CHOCOLATE THERAPY – WITHOUT THE CALORIES!

Guilt free indulgence with this Deluxe Chocolate Body Wrap - an irresistible "Happy Treatment" which as well as improving the appearance of cellulite & orange peel skin with the aroma of Chocolate (Yes chocolate) stimulates your senses releasing endorphins and leaves you in a really happy state. This natural detox treatment will also leave your skin hydrated, nourished and irresistibly soft and smooth to the touch - certain to bring out the chocoholic in you! To complete the experience, a chocolate gift to take home with you. approx 1 hr £55

### PLATINUM AQUA DETOX

Rebalance and refresh your Mind, Body & Soul - Modern day living, stress and the environment all introduce toxins into your body - place your feet in our state of the art ergonomically designed foot spa with microprocessor electronic array and let the PLATINUM AQUA DETOX do the rest - releasing the toxins in your body through the thousands of pores in your feet. Has to be seen to be believed. £40