

detoxifying and
inch loss treatments

UNIVERSAL CONTOUR WRAP

The UK's No 1. body wrap with guaranteed minimum at least 6" loss staying off for at least 30 days or your money back – **scientifically proven treatment** – fantastic results, smoother skin, detoxifying and reduces cellulite. No wonder this treatment is so popular, it works!

£72 or 3 for £198 • Add facial £20

PROFESSIONAL EXPRESS BODY WRAP

A treatment from Universal Contour Wrap that focuses on a specific area of concern, this treatment reduces appearance of cellulite and stretch marks, removes harmful toxins from the body, has a slimming effect on the body and tones, firms and tightens. Our warm, natural mineral-rich clay is applied to your chosen area before you're wrapped in bandages using our special technique. You then relax while the treatment gets to work.

£52 per treatment

ANTI-CELLULITE CO2 CARBOXY THERAPY

The universal contour wrap Anti-cellulite treatment combines patented CO2 Carboxy therapy with a range of powerful ingredients for proven results. Cellulite is smoothed and calmed, fat storage cells eliminated, skin impurities removed, inflammation reduced, skin brightened, thicker and firmer.

£59

SHRINKING VIOLET WRAP

A revolutionary new inch loss wrap which works on lipolysis which removes fat – brilliant quick fix with great results particularly if you want to get into that little black dress.

£59

PLATINUM AQUA DETOX

Rebalance and refresh your Mind, Body and soul – Modern day living, stress and the environment all introduce toxins into your body – place your feet in our state of the art ergonomically designed foot spa with microprocessor electronic array and let the PLATINUM AQUA DETOX do the rest – releasing the toxins in your body through the thousands of pores in your feet. Has to be seen to be believed.

£38

caci non surgical
body lifting treatments

CACI BODY TREATMENTS

Using the most advanced Face and Body lifting technology available, the Caci Quantum body treatments are available for:

Inch Loss - Guaranteed inch loss treatment • Cellulite Reduction • Bust Enhancing Body Toning & Sculpting • Lymphatic Drainage • Bum Lifting

£35 per treatment, 3 for £90 or 10 for £295

hand & feet nail
treatments

Spa Manicure	£35
Luxury Spa Manicure	£40
Mini Manicure	£21
File and Polish	£15.50
File and French Polish	£17.50
Spa Pedicure	£42
Luxury Spa Pedicure	£48

JESSICA GELERATION

The semi-permanent manicure that can last for up to 3 weeks – chip resistant – natural products which does not damage your nails and helps nails to grow and strengthen.

Gel Polish and tidy	£30
French Gel Polish	£32
Gel Polish Removal	£10 (or £5 if gels have been applied in Spa)
Add Gel Polish to any Manicure or Pedicure	£10

Acrylic Nail Enhancements	£38 - Gel overlay on enhancements or infills +£10
Infills	£25 (if nails done by ourselves)

alumier – skin peels & facial

This science based skin care is only available in selected skin care clinics and medical spas. Speak to our trained aestheticians about these fantastic products and facials.

waxing and threading
treatments

Specialist advanced waxing for male and female

Using specialist peel able wax which is far kinder to the skin, less painful, less reaction and is specifically made for this type of waxing. Brazilian and Hollywood waxing experts.

	from		from
½ leg	£18.50	Underarm	£9.50
½ leg & bikini	£29.50	Eyebrow	£9.50
¾ leg	£21.50	Lip or chin	£6.50
¾ leg & bikini	£32.50	Bikini (standard hot wax)	£13.50
Full leg	£26.50	Extended bikini	£16.50
Full leg & bikini	£32.50	Chest wax from	£20.50
Brazilian landing strip (using specialist wax)	£29.50	Back wax from	£20.50
Brazilian & ½ leg	£42.50	Intimate male waxing	£58
Brazilian & full leg	£50.50	Forearm	£13.50
Hollywood totally bare (using specialist wax)	£29.50	Full arm	£16
Hollywood & ½ leg	£42.50	Threading Eyebrow	£9.50
Hollywood & full leg	£50.50	Lip or chin	£7.50
		Face	from £15

permanent hair reduction

Using IPL (intense pulse light) more advanced, less painful and faster results than laser and currently the most advanced and proven method of permanent hair reduction on the market this virtually painless system eliminates the need for electrolysis and waxing. Suitable for both men and women with remarkable results. We have been carrying out this form of hair removal now for over 18 years and as one of the first clinics in Scotland to provide this type of hair reduction. We are considered to be experts in this field and we have an extensive client bank of very satisfied customers. If you would like to be hair free, then why not book in for a consultation with one of our experts. Prices from £39

eye treatments

Eyebrow shape/wax	£9.50
Eyebrow tint	£8.00
Eyelash Tint	£14.00
Eyebrow & eyelash tint	£18.50
Eyelash and eyebrow tint & shape/wax	£20.50
Eyebrow wax & lash tint	£18.50
Eyebrow tint & wax	£18.50
Mii Brows (HD style)	£18.50

Henna Brows Using premium grade Henna the results last up to 6 weeks this very popular treatment is vegan friendly - fantastic - if you love HD style brows or have your eyebrows tinted regularly then this is the treatment for you.

* patch test required	£27.50
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Elleebana Lash Lift This professional treatment will deliver a sumptuous lash lift that is retained for up to 12 weeks.

(Includes premium lash tint). * patch test required

£49.50

body bronzing

XEN Tan Spray Tan (choice of shades)	£20
Hands on application	Full body £28 Half Body £18
Hands on application with Exfoliation	Full body £42 Half Body £25
Full Body Exfoliation	£18

make up

Using 'Mii' finest mineral based cosmetics

Cleanse and make-up	£30
Make-up application	£25



Like us on



Follow us on:



Gift Vouchers

Purchase gift vouchers to treat the ones you love all year round.

Starting from £5

Spa Days

Our speciality – enjoy being pampered – our packages range from luxurious treatments with champagne and cupcakes or cream teas to luxury spa days where we pamper you with 2 hrs spa treatments, 2 course a la carte lunch as well as morning coffee or afternoon tea and a glass of champagne – prices start at £49 – go on treat yourself – you are worth it!

me time... loyalty treat card

At Savannah our aim is to exceed your expectations in every aspect of our quality and service.

As a way of saying "thank you" for your support we would like to give you the opportunity to enjoy some "me time" on us. Every time you enjoy a treatment with ourselves or purchase products, then we credit your treat card with loyalty points towards a complimentary treatment which you have not had before at Savannah Beauty Centre. Log onto our APP and see the selection of lovely treats you are eligible for.

Savannah City Day Spa offers a haven for pampering, relaxation and total chill out experiences as well as essential treatments in warm welcoming friendly surroundings.

relax...

...let us take care of you



Savannah
CITY DAY SPA

dermaplane facial

The very latest treatment removes up to 3 weeks dead skin and velous hair. Our experienced aesthetician, using a surgical scalpel, will leave your skin silky smooth and glowing. Make up looks amazing after this fantastic, results driven, ground breaking treatment. £75 or add on Facial peel or led light treatment £95. (See our Facebook for video)

dermatech microneedling advanced

The very on trend anti ageing needling facial that is loved by all the celebrities. Amazing results from this very advanced anti ageing treatment. £85

facial treatments for men and women

SAVANNAH SIGNATURE PRESCRIPTION FACIAL

This is a luxury facial. Your therapist will tailor your treatment to suit your specific skin needs. Germaine De Capuccini uses advanced biotechnology to refine and combine sophisticated plant extracts and vitamin-based ingredients. The unique combination of ampoules and active concentrates ensure the treatments penetrate the skin precisely where they will have maximum effect. All treatments include time for a consultation. £48

SAVANNAH SIGNATURE FACIAL

Choose from either a Hot Stone Back Massage or a relaxing back neck and shoulder massage carried out on our Hydrotherm warm water beds followed by a rejuvenating Time Precious facial – pure indulgence. £48

MUM TO BE SIGNATURE FACIAL

This fantastic signature treatment specifically designed for mums-to-be is carried out on our hydrotherm warm water filled mattresses allowing the client to lie comfortably whilst they enjoy a relaxing back neck and shoulder massage, a leg massage and a mini facial – a real treat. £48

REJUVENATING TIME PRECIOUS FACIAL

Pushed for time then this 30 minute express facial including exfoliation, mask and massage is an introduction to skin perfection. This blissfully relaxing treatment will introduce you to the pleasures of the professional range of Germaine De Capuccini products. £30

specialist advanced anti-ageing facials

DIAMOND PEEL MICRODERMABRASION

Using the latest Diamond Peel Microdermabrasion this system promotes cellular renewal and stimulation of collagen and elastin fibres. Reduces fine lines and wrinkles, improves ageing skin, pigmentation, open pores, acne scarring and dull congested skin and even helps with stretch marks. Standalone treatment only £38 or buy a course of 5 and get 1 free or £30 if used in conjunction with a selection of facials or peels.

TIME EXPERT LIFT (IN) – Facial Therapy

With visible results from the first treatment, the Timexpert Lift treatment is set to revolutionise non-surgical lifting. Timexpert Lift includes a unique and extraordinary facial massage, which uses a very precise 360 degree sculpting technique, working on the facial oval from every angle. This, together with the powerful formula within the treatment provide unparalleled results. For maximum results, a course of four can be taken with one treatment being taken each week. £75

TIME EXPERT RIDES – Exceptional Anti-Wrinkle Therapy

Patented technology makes this remarkable luxurious facial a must for people who want to see amazing lifting and firming results. This extraordinary treatment works effectively against wrinkles from within filling in and inhibiting the formation of new expression lines. Utilising a highly specialised lifting facial massage, this treatment is not only highly relaxing but the active ingredients within the treatment result in a much younger looking skin – this advanced facial will definitely take the years off you. £68

TIME EXPERT C+ (AGE) Anti Glycation

This advanced treatment is based on pure Vitamin C amazing for anti-ageing - combined with Ume Extract, a type of Japanese plum containing twice as many proteins and minerals than any other fruit, which works to inhibit the action of glycation. One treatment provides an immediate, intense luminosity, 4 weekly treatments provide a lasting revitalising effect. £68

DIAMOND BLACK NOIR FACIAL

A spectacular anti-ageing therapy based on the skincare benefits offered by stones, crystals & minerals. Rich in zinc & iron this treatment regenerates and restores the skin's youthfulness, increasing the skins luminosity and combating the signs of ageing. £68

TIMEXPERT SRNS GLOBAL ANTI AGEING FACIAL

Every day thousands of our cells are damaged by lifestyle and environmental aggressions. Over time, the gene structure within these cells becomes unable to repair itself and stops producing essential proteins that naturally slow down the ageing process. Global anti age reactivates these dormant genes and boosts cellular regeneration. This powerful anti ageing facial provides firming, wrinkle reduction, improves pigmentation and hydration with immediate results. £78

GLYCOCURE TREATMENT – PEEL

This is a highly active Exfoliating Peel formulated with alpha hydroxy acids, renewing the skin at the deepest level. By combining any facial treatment with GlycoCure, skin is deeply renewed & accelerates the natural cellular renewal of the epidermis. The surface of the skin is immediately improved, wrinkles and irregularities are faded, open pores are minimized and congestion reduced. Add on to any Savannah facial for only - £15

CLINICAL PEEL AOX SYSTEM

This anti-ageing peel with anti oxidising action is indicated for all the manifestations of photo ageing, fine lines, wrinkles, opaque skin, acne scars, irregular tone and other visible imperfections on the skin. It brings out the skin's beauty from the first session, achieving an extraordinary improvement of the texture and tone. Recommended for use all year round, even in the summer. £40

caci non surgical facelift treatments

CACI SYNERGY NON SURGICAL FACE LIFT

This REALLY IS THE CREME DE LA CREME OF CACI facials - it combines non surgical facial toning with the skin rejuvenation benefits of both our Ultra and Ultimate treatments. CACI SYNERGY introduces breakthrough technology SPED (probes with LED light) RESULTS PROVIDING THE VERY BEST IN CACI Ultrasonic Peeling and Orbital microdermabrasion. The LED light therapy will lift and tone the face and neck followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles – after a course you can expect to see a more youthful and toned appearance with glowing healthy younger looking skin. 90 minutes • £95

CACI ULTIMATE Incorporating the CACI non-surgical facelift together with microdermabrasion, facial rejuvenation used LED light and CACI hydrotone collagen mask, amazing results – fantastic treatment very results driven – if you're serious about skincare, then this is for you. £70

CACI NON SURGICAL FACE LIFT

Recognised as the BEST MOST EFFECTIVE Non surgical face lift on the market. Using the latest and most up to date technology CACI will gently tighten, lift and tone the muscles of the face, smoothing the appearance of fine lines and wrinkles and enhancing the general appearance giving a far more youthful look. The results from this treatment are excellent and can be seen even after one session. No wonder all the Celebs go wild for it!!! A course of 10 treatments is highly recommended for maximum benefit. One session £46 • Course of 10 £440 • Course of 5 £220

SUPER CACI – an extension of the CACI non-surgical facelift with additional time spent on areas of concern £55

CACI LIP PLUMPING - This treatment uses LED red light therapy, an Amino-Lift Peptide serum and the CACI wrinkle comb to plump up your top and bottom lips. The instant result – lasting around three days – is fuller looking lips, perfect for a special occasion such as a first date, wedding, party or day at the races. The CACI Lip Plump can be carried out as a standalone treatment or combined with our other facials for ultimate overall results. £20 standalone treatment • £15 if combined with CACI.

CACI HYDRATONE

This treatment from CACI produces excellent results in only 10 minutes – this will help to smooth out fine lines and wrinkles as well as hydrating your skin, giving it a fantastic boost. £20 with CACI • £30 standalone

CACI JOWL LIFT

The CACI Jowl Lift facial helps to improve the appearance of sagging jowls it has been developed to specifically target muscle laxity around the jawline. This facial treatment helps to improve the appearance of sagging jowls by using the Quad probes which have been specifically developed to target the muscles around the jawline. For best results a course of 10 treatments is recommended. £28 per treatment or course of 10 for £225

anti-ageing eye treatments

TIMEXPERT EYE TREATMENT

The latest product technology - an exclusive eye treatment which produces amazing lifting and firming results. The comprehensive treatments mimics Botox, but without the injections. It can also prolong the effects of Botox if you have already had it done. £28

CACI EYE REVIVE TREATMENT

An amazing eye treatment from CACI with brilliant results - and oh so popular. The new CACI eye revive treatment uses microcurrent to gently tighten and tone sagging muscles around the eye area, whilst reducing the appearance of fine lines and wrinkles. The treatment uses serum filled CACI microcurrent eye rollers to infuse the CACI eye revive serum deep into the skin, to reduce puffiness and dark circles. The deeply nourishing hydro eye mask is then applied to soothe the skin and reduce fine lines and wrinkles. 30 minutes £35

gents specialist facials

TIME FOR MEN TREATMENT

Based on a cocktail of citrus, sake, olive leaf, eashave, trade elements and birch sap, a range of ingredients that have been designed to specifically cater for men's skin, which is often irritated by the daily ritual of shaving. An excellent treatment which is highly relaxing but most effective with immediate results. The facial therapy is combined with a highly relaxing 30 minute 'Shi Zen' back massage - the perfect way to unwind. £60

C+ ENERGY FOR MEN

The most advanced re-energising and detoxifying professional gents facial treatment against the effects of skin fatigue. Restores the energy and vitality fatigued skin needs. This facial helps to eliminate toxins and strengthens the defences against pollution, stress and the action of free radicals. It provides elasticity and luminosity, and rehydrates and reduces the appearance of fine lines and wrinkles – resulting in a more glowing, youthful appearance. £48

alternative therapies, massage and luxury body treatments

SWEDISH MASSAGE - A firm pressured massage, designed to relieve tension and aches and pains. Back, neck & shoulder - £32 Full body - £45

AROMATHERAPY MASSAGE

Aromatherapy is the use of pure essential oils, the properties of which assist the body's natural healing processes. The oils are distilled from herbs, flowers, roots, woods and resins, each one having individual therapeutic properties. Back, neck & shoulder - £32 Full body - £45

HOT STONE THERAPY MASSAGE

This deep tissue highly relaxing healing massage detoxifies the body, boosts the immune system and unblocked stagnant energy resulting in a feeling of deep relaxation and well-being. The treatment is carried out using warm basalt marble stones which help to ease away deep tissue tension – a fantastic treatment. Back, neck & shoulder - £35 Full body - £48

HOT OIL CANDLE TENSION MELT MASSAGE

Aromatic, warming and truly relaxing; where body butters and oils are blended together, for a wonderfully soothing and nourishing massage. Back, neck & shoulder - £35 Full body - £48

DEEP HEAT SPINE & NECK D-STRESS

Using a thermal oil which is applied down the spine and along the trapezius muscles allowing the heat to relax the muscles before a firm massage is carried out to deeply relax and de-stress you. This treatment adds a new dimension to a back neck and shoulder massage and is loved by both male and female clients. Back, neck & shoulder - £38

HYDROTHERM MASSAGE

Ayurvedic Massage for mind, body and spirit – this deep profoundly relaxing and highly beneficial massage technique is carried out on a bed of hot water filled cushions, taking massage into new dimensions. Hydrotherm massage will help to relieve stress, ease joint and muscle stiffness and is suitable for pregnant women. This is the ultimate outer body experience – trying is believing! Back, neck & shoulder - £38 Full Body - £52

INDIAN HEAD MASSAGE

An excellent tension releasing massage for the head, neck & shoulders. £35

HOPI EAR CANDLE THERAPY

A holistic natural treatment which is ideal for clients who suffer from headaches, blocked sinuses and ears, helping to relieve pressure with very beneficial results. £32

REFLEXOLOGY

This treatment works on the pressure points of the feet with relate to all different parts of the body which is an excellent treatment to improve your overall well-being. £35

MEDITERRANEAN DUSK

A thoroughly pampering body ritual which commences with a deep exfoliation using essence of the Mediterranean scrub. Harmony sublime hand made energy stones are then applied to the chakra points. The relaxation then continues with the prolonged soothing Mediterranean candlelight massage where the warm candle wax emitting a wonderful fragrance of soothing lavender and mandarin is poured over your body reconciling the body with the soul leaving you in a state of total relaxation - definitely has the wow factor! 90 mins £89

TREATS FROM NATURE

A deeply exfoliating full body polish using essence of the Mediterranean scrub with Olive stone and Grape Seeds. The treatment is followed by a relaxing body wrap to nourish and hydrate with extracts of Aloe Vera. Lemon Essential Oil and Aromatic Mint water. Once enveloped in the wrap your therapist will apply the warm hand made Harmony Sublime Stones to soothe and relax. 75 mins £75

SPA ANTI-STRESS RELAXING & DETOXIFYING TREATMENT

Feel completely revitalised and serene with the ultimate in deep relaxation treatments. Spa marine anti-stress treatment will balance any emotional or physical tension and help to eliminate negative energy, restoring harmony to the body, spirit and mind. Specific massage techniques are used working with the energy found in the body's own chakras and meridians. During your journey to total peace and calm, you will experience along the way a release of negative forces within specific pressure points. This treatment also incorporates elements of shiatsu and reflexology. SENSATIONAL! approx 2 hrs £85

THE LIGHTER LEGS EXPERIENCE

You will be walking on little fluffy clouds after this treatment which has been designed to improve circulation and reduce fluid retention in tired and heavy legs. Just lie back, relax and enjoy the sensations as your therapist applies both warm and cool products during a massage with an 'active oil' for total lightness. A marine wrap which has been exclusively designed to re-awaken and bring back the buoyancy to tired legs. A course of treatments is advised so as to ensure longer lasting effects, especially during pregnancy. £55

SPA TOTAL HYDRATION TREATMENT

Restore lost suppleness and comfort in your skin and feel completely bursting with moisture with this spa hydration treatment. A remarkable sensation which is great for preparing the skin for sun exposure and for re-hydrating it afterwards. This treatment combines total body spa exfoliation and a tranquil massage with 'Aqua' essential oil. Your skin will look smoother than ever before and feel soft as a peach to touch. Simply amazing. Back, neck & shoulder - £35 Full body - £48

CHOCOLATE THERAPY – WITHOUT THE CALORIES!

Guilt free indulgence with this deluxe body wrap – this irresistible 'happy treatment' which as well as improving the appearance of cellulite and orange peel skin with the aroma of chocolate (yes chocolate) stimulates your senses, releasing endorphins and leaves you in a really happy state. This natural detox treatment will also leave your skin hydrated, nourished and irresistibly soft and smooth to the touch – certain to bring out the chocoholic in you! To complete the experience, a chocolate gift to take home with you. approx 1 hr £48

AFRICAN BAOBAB RITUAL

Using organic oil of Baobab Seeds, this treatment harnesses the energy of the Baobab – one of the most ancient and emblematic trees of the African Savannah. Baobab Oil is derived from the seeds of this tree and has a high content of fatty acids, Sterols and Phytosterols, Vitamins A,D,F and from the B Group, all with a powerful anti-oxidising property. Your treatment includes a nourishing body scrub followed by a relaxing massage with the Phytocare Oil and is completed with an application of the Phytocare Dreamy Legs product – leaving you feeling lighter on your legs, with more energy – but highly relaxed! 1 hr - £60

CRYSTAL BODY HARMONY

A truly sumptuous treatment using extracts of precious stones and minerals to energise, firm & balance the skin. Working with an exquisite massage medium containing extracts of Rhodocrosite, Malachite & Diamond in combination with a gentle exfoliating powder enriched with Amethyst, Sapphire & Ruby to produce a luxurious smoothing exfoliating mousse to soften and energise the body. A collection of semi-precious minerals, whose chromatic tone corresponds with the 7 different chakra points on the body are used a highly relaxing holistic massage. Simply the best body therapy ever! 1 hr - £60

TIMEXPERT C FACE AND BODY ENVELOPMENT

An energising face and body treatment which commences with a Vitamin C exfoliation, followed by a collagen boosting body wrap whilst you are treated to an advanced anti-glycation facial. Utilising the benefits of Ume extract and Vitamin C, this facial fights against the damaged elastin and collagen fibres whilst providing intense radiance - a beautiful face and body treatment. £90

luxury organic body treatments

SCIENCE OF SCENT THERAPY TEST

Take our Science of Scent Therapy test to discover exactly the right blend for your well-being needs. Because the line between lack of sleep, stress & lack of energy is so fine, we often don't actually know the underlying cause. Pop into the salon and take our 10 second test today.

SAVANNAH SIGNATURE SLEEP TREATMENT

The room is deeply scented with Savannah Signature Tranquillity fragrance. An extraordinary blend of 19, first pressed essential oils including English lavender, sweet basil and jasmine which was blended with one purpose: to induce deep sleep. The treatment begins with a peaceful guided meditation, reflexology and breathing techniques, throughout, we drizzle the Intensive Skin Treatment Candle oil over the skin, including key stress relieving points on the head, face, neck and back, using the very best techniques of shiatsu, cranial, Thai massage and trigger point work. Prepare to be lost in a blissful state, ready for a deep night's sleep. 60 minute treatment £60 • 90 minute treatment £75

SAVANNAH SIGNATURE DE-STRESS TREATMENT

The complex blend of 24 first pressed essential oils in our Real Luxury fragrance, including lavender, jasmine & Brazilian rosewood, creates a de-stressing environment the moment you enter the room, with a peaceful guided meditation, reflexology and breathing techniques. Throughout, we drizzle the Intensive Skin Treatment Candle oil over the skin, and provide specialist massage to key stress relieving points of head, face, neck and back. We harness the very best techniques of shiatsu, cranial, Thai massage and trigger point work. This treatment allows tension to drift away and for a calm new you to be uncovered. 60 minute treatment £60 • 90 minute treatment £75

SAVANNAH SIGNATURE ENERGISE TREATMENT

Using changes in temperature, speed-of-touch and different textures this treatment begins with the Body Scrub with its potently invigorating oils of wild mint and mandarin. Your skin will be buffed head-to-toe, left feeling amazingly uplifted and ready to be fully enveloped in the energising cream clay wrap. The stimulating essential oils of grapefruit, lemon and rosemary penetrate the skin and allow for detoxification, whilst you experience a 20 minute face and scalp pressure point massage plus specialist reflexology techniques. This treatment allows you to stop, unplug and then reboot. Your senses will be awakened and your body and mind will be given a boost of natural energy. 60 minute treatment £60 • 90 minute treatment £75

SAVANNAH SIGNATURE HAPPINESS TREATMENT

Surrounded with a complex blend of 7 of the most potent first pressed oils including white neroli, mimosa & lemon, this treatment begins with a guided meditation, reflexology and breathing exercises all designed to lift your mood. Your skin will be lightly buffed head-to-toe using Savannah Signature Body Scrub, with invigorating oils of wild mint and mandarin. By applying techniques of shiatsu, cranial, Thai massage and trigger point touch, we work to decrease stress levels and release endorphins. This purposeful combination of thoughtful touches will lift your spirits, relax you and leave you feeling like the best version of you. 60 minute treatment £60 • 90 minute treatment £75